Appl. No. 10/553,898 Reply to Office Action mailed December 7, 2009 Do Not Enter CF

## Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application.

## Listing of Claims:

Claim 1. (currently amended) A high tensile cold-rolled steel sheet consisting essentially of 0.04 to 0.13% C, 0.3 to 1.2% Si, 1.0 to 3.5% Mn, 0.04% or less P, 0.01% or less S, 0.02 to 0.07% Al 0.005% or less N, 0.2% or less Cr, by mass, and a balance of Fe and inevitable impurities; having a microstructure containing 50% or larger area percentage of ferrite and 10% or larger area percentage of martensite, and having a ratio of intervals of the martensite in the rolling direction to those in the sheet thickness direction of 0.85 to 1.5; and having a nano strength of the martensite of 8 GPa or larger.

Claim 2. (currently amended) The high tensile cold-rolled steel sheet as in claim 1 further containing at least one element selected from the group consisting of [[0.5%]] or less Cr[[,]] 0.3% or less Mo, 0.5% or less Ni, and 0.002% or less B, by mass.